

November

LUNCH K-12

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • Firecracker Chicken With Sesame Noodles • Italian "Sausage" Calzoni (VG) • BBQ Chicken Wrap • Chicken Salad Sandwich (DF) • Pinto Beans Baby Carrots <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Cheese Pizza With A Whole Grain Crust (Vg) • Garden Ranch Salad With Chicken Breast • Santa Fe Chile Chicken And Black Bean Wrap • Blanched Broccoli Florets With Ranch <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese And BBQ Chicken Lunch Combo • Veggie Chili (VG) • Chillin' Chinese Chicken Noodles • Honey Mustard Salad With Grilled Chicken Bites • Steamed Corn <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> • Five Cheese Lasagna (VG) • Crispy Chicken Sandwich (DF) • Turkey And Cheddar Sandwich • Chicken Salad Sandwich (DF) • Baby Carrots With Ranch <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • Chicken Teriyaki With Brown Rice (DF) • Pepper Jack Cheeseburger • Cheddar Cheese Sandwich (VG) • Sesame Chicken Wrap (DF) • Edamame And Blanched Broccoli Florets <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • Classic Chicken Parm Pasta • Buffalo Chicken Pizza 1 • Honey Mustard Chicken Wrap • Sunny Sandwich Kit (Sunbutter And Jelly) (VG) • Steamed Corn <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • Holiday Meal: Roasted Turkey And Stuffing • Chicken Bites • Mighty Meaty Deli Combo Sandwich • Southwest Veggie Wrap (VG) • Chilled, Seasoned Green Beans <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Southern BBQ Chicken Sandwich • Egg Salad Sandwich (VG) (DF) • Chicken Caesar Salad • Braised Greens <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> • Italian "Sausage" Calzoni (VG) • Mama's Tamale (Red Chile Chicken) (DF) • Mighty Meaty Deli Combo Sandwich • Sesame Chicken Wrap (DF) • Green Peas <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • General Tso's Chicken • The Revolution Hot Dog (DF) • Sunny Sandwich Kit (Sunbutter And Jelly) (VG) • Turkey And Cheddar Sandwich • Baby Carrots And Edamame <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • BBQ Meatballs With Cheesy Rice • Spicy Chicken Chorizo And Cheese Eggwich • Southwest Veggie Wrap (VG) • Chicken Caesar Wrap • Chilled, Seasoned Green Beans <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Sloppy Joe (DF) • Cheese Pizza With A Whole Grain Crust (VG) • Veggie Chef's Salad (VG) • Chicken Salad Sandwich (DF) • Chopped Lettuce And Sliced Tomatoes With Ranch <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • Creamy Tomato Curry With Grilled Chicken • Lone Star BBQ Chicken Sandwich • Breakfast For Lunch: Pancakes W/ Sausage • Egg Salad Sandwich (VG) (DF) • Garden Ranch Salad With Chicken Breast • Sweet Potatoes <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> • (Hot) Turkey And Cheese Flatbread Sandwich • Creamy Chicken Alfredo • Turkey And Cheddar Sandwich • Sunny Sandwich Kit (Sunbutter And Jelly) (VG) • Baby Carrots With Ranch <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese And BBQ Baked Beans Combo (VG) • Kickin Chicken Melt Sandwich • Chillin' Chinese Chicken Noodles • Chicken Salad Sandwich (DF) • Steamed Corn <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • Hot Meatball Sub • Cheese Pizza (VG) • Mighty Meaty Deli Combo Sandwich • BBQ Chicken Wrap • Chilled, Seasoned Green Beans <p style="text-align: right;">22</p>	<h3>Thanksgiving Holiday</h3>	
<ul style="list-style-type: none"> • Buffalo Chicken Pizza • Italian "Sausage" Calzoni (VG) • Sunny Sandwich Kit (Sunbutter And Jelly) (VG) • Mighty Meaty Deli Combo Sandwich • Baby Carrots With Ranch <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla • Veggie Chili (VG) PRO 5 • Sesame Chicken Wrap (DF) • Turkey And Cheddar Sandwich • Baby Carrots With Pinto Beans <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • Firecracker Chicken With Sesame Noodles • Breakfast For Lunch: Pancakes W/ Omelet (VG) • Chicken Salad Sandwich (DF) • Chicken Caesar Wrap • Chilled, Seasoned Green Beans <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • The Revolution Hot Dog (DF) • Garden Ranch Salad With Chicken Breast • Southwest Veggie Wrap (VG) • Blanched Broccoli Florets With Ranch <p style="text-align: right;">30</p>	

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

