

SEPTEMBER BREAKFAST

BACK to SCHOOL

New school years are for new beginnings! Now is the perfect time to try that new food, hobby or skill you've always been curious about. **What's your new goal?**



Learn more about us on our *new* website at revolutionfoods.com!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7

- yogurt and educational snacks
- corn chex & fruit

- apple cinnamon muffin & hard boiled egg
- honey grahams & cinnamon rumbles

- banana muffin
- plain bagel and cream cheese
- pineapple juice available

- zac omega fruit filled strawberry bar
- cinnamon crumbles

10

11

12

13

14

- cheerios & zac attack apple & fruit
- cinnamon grahams & string cheese

- blueberry burst muffin
- corn chex & fruit

- plain bagel & cream cheese
- cinnamon crumbles

- cheerios & fruit
- french toast muffin
- orange Juice available

- cinnamon raisin bagel
- yogurt & educational snack

17

18

19

20

21

- cheerios & mini dippers & fruit
- cinnamon grahams & string cheese

- banana muffin
- plain bagel & cream cheese

- honey grahams & cinnamon rumbles
- apple cinnamon muffin & hard-boiled egg

- blueberry bagel & cream cheese
- corn chex & fruit
- pineapple juice available

- yogurt & educational snacks
- cinnamon crumbles

24

25

26

27

28

- zee zees berry apple bar
- corn chex & mini dipper & fruit

- plain bagel & cream cheese
- corn chex & fruit

- yogurt & educational snacks
- cheerios & fruit

- blueberry burst muffin
- cinnamon grahams & string cheese

- blueberry bagel & cream cheese
- French toast muffin